



SUN	MON	TUES	WED	THUR	FRI	SAT
30 CLOSED	31 10am-1pm, 3pm-6:30pm	1 9am-Noon	2 10am-1pm, 3pm-6:30pm	3 10am-1pm, 3pm-6:30pm	4 CLOSED	5 CLOSED
6 CLOSED	7 CLOSED LABOR DAY	8 10am-1pm,	9 10am-1pm, 3pm-6:30pm	10 10am-1pm, 3pm-6:30pm	11 CLOSED	12 9AM-12PM
13 CLOSED	14 10am-1pm 3pm-6:30pm	15 9am-Noon	16 10am-1pm, 3pm-6:30pm	17 10am-1pm, 3pm-6:30p	18 CLOSED	19 CLOSED
20 CLOSED	21 10am-1pm, 3pm-6:30pm	22 9am-Noon	23 10am-1pm, 3pm-6:30pm	24 10am-1pm, 3pm-6:30p	25 CLOSED	26 9AM-12PM
27 CLOSED	28 10am-1pm, 3pm-6:30pm	29 9am-Noon	30 10am-1pm, 3pm-6:30pm	1 10am-1pm, 3pm-6:30p	2 CLOSED	3 CLOSED

OFFICE HOURS:

Monday- 10am-1pm, 3pm-6:30pm

Tuesday- 9am-Noon

Wednesday- 10am-1pm, 3-6:30pm

Massages - Tuesday Afternoon

Thursday- 10am-1pm, 3-6:30pm

Friday- CLOSED

Saturday- 9am-Noon **(Please check for Sat openings!)**

Sunday- CLOSED

1436 E. Atlantic Blvd. Pompano Beach, FL 33060

www.LifeFirstChiropractic.com 954-941-4000